



RUN FOR RONALD 2016

5k walk / run

Saturday, May 7th 2016

Registration- 5:30 pm

5K start- 6:15 pm

Samford University Track Complex

All proceeds benefit the Birmingham Ronald McDonald House

Entry Fees: \$25 by Sunday, April 10th

\$30 after April 11th or on day of race

Packet Pick-Up: Friday, May 6th in the Alpha Delta Pi chapter room from
3:00-7:00 pm

Course: Starts and finishes at the University Track Complex and will follow a 3.1 mile loop on the Lakeshore Greenway Trail

Awards: Awards will be given to the top three male and female racers with the best times

Extras: Participants will receive a race day t-shirt and various other donated items at packet pick-up, and as a reward for crossing the finish line, will be greeted with awards and refreshments

Parking: There is parking in front of the 600 building in University Park. Take a right out of Samford's west gate and take your first left onto University Park Place - carpooling is suggested.

Theme: Neon attire is encouraged for participants

.....2016 REGISTRATION FORM.....

Name: _____

Email: _____

Male or Female (Circle one)

Age: _____

Adult T-Shirt Size: (Circle One) S M L XL

Make Checks Payable to Alpha Delta Pi

Turn this form and money in to any ADPi

OR

Mail to Allie Gassner SU Box 293132 Birmingham, AL 35229

For any other questions contact Allie at cgassner@samford.edu